

September

BREAKFAST

UNITIZED K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		HOT Waffle w/ syrup Cheerios & Cinnamon goldfish Lemon Muffin (V) ¹	Corn Chex Cereal and Educational Snacks (V) Waffles & Syrup ²	HOT Cheesy egg, potato scramble Cinnamon Chex with Educational Snacks (V) Strawberry Pancake Bowl (V) ³
BlueBerry Chex (V) (DF) ⁶ Zee Zees Cinnamon Crisp Bar (V) (DF)	Cheerios & Educational Snacks (V) ⁷ Plain Bagel with Cream Cheese (V)	HOT Cheesy egg, potato scramble Corn Chex Cereal with String Cheese (V) Vanilla Concha Bread (V) ⁸	Cheerios Cereal with String Cheese (V) ⁹ Lemon Muffin (V)	HOT Pancake w/ syrup ¹⁰ Cinnamon Chex with Educational Snacks (V) Yogurt & Educational Snacks (V)
Cheerios & Educational Snacks (V) ¹³ Plain Bagel with Cream Cheese (V)	Corn Chex Cereal with String Cheese (V) ¹⁴ French Toast Muffin (V)	HOT Cornbread & omelet ¹⁵ BlueBerry Chex (V) (DF) Yogurt & Educational Snacks (V)	Cinnamon Chex with Educational Snacks (V) ¹⁶ Strawberry Granola Bowl (V) (DF)	HOT French toast ¹⁷ sticks Blueberry Burst Muffin (V) Cheerios & Cinnamon goldfish (V) (DF)
Corn Chex Cereal and Educational Snacks (V) ²⁰ Yogurt & Granola (V)	Cinnamon Chex with Educational Snacks (V) ²¹ Vanilla Concha Bread (V)	HOT Sasuage brewich ²² Cheerios Cereal with String Cheese (V) French Toast Muffin (V)	BlueBerry Chex (V) (DF) ²³ Strawberry Pancake Bowl (V)	HOT Turkey cheddar ²⁴ omelet gordita Blueberry Burst Bagel (V) Corn Chex Cereal with String Cheese (V)
Cheerios Cereal with String Cheese (V) ²⁷ Yogurt & Educational Snacks (V)	BlueBerry Chex (V) (DF) ²⁸ Plain Bagel with Cream Cheese (V)	HOT Waffle w/ syrup ²⁹ Cheerios & Cinnamon goldfish (V) (DF) Lemon Muffin (V)	Corn Chex Cereal and Educational Snacks (V) ³⁰ Waffles & Syrup	

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

surveymonkey.com/r/meals-survey



revolution foods.

This institution is an equal opportunity provider.
All grains offered are whole-grain rich.

Choice of 1% or fat-free
milk; fresh fruit available
daily except when fruit
juice is served.

Dairy-Free (DF)
Vegetarian (V)

September



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Bean and Cheese 1 Pupusa w/ curtido (V) Hot Dog w/ coleslaw (DF) Mighty Meaty Deli w/ carrots	Chicken Bites (DF) 2 Kickin Chicken Melt Sandwich Cheddar Cheese Sub Sandwich (V) Broccoli	Cheese Pizza w/ pinto beans (V) 3 Oven Roasted Chicken Sandwich w/kidney, edamame, carrots (DF) Greek Chicken Flatbread w/ garbanzo beans
6 Beef & Bean Burrito w/ roasted potatoes (DF) Chicken Taco w/garlic lime corn Sunbutter and Jelly w/ corn (V)	7 Hot Meatball Sub Pizza Panada Pie (V) Honey Mustard Chicken Wrap (DF) Broccoli	8 Pepperoni Pizzaw/ broccoli Spaghetti Marinara w/ green beans (V) Tuna Sandwich Kit w/ celery (DF)	9 Chicken Bites with Waffle Five Cheese Lasagna (V) Chicken Salad Sub Sandwich (DF) carrots	10 Corn Dog Bites w/ garbanzo, edamame, carrot Ranchero Chicken w/ pinto beans Cheddar Cheese Sub Sandwich w/ garbanzo (V)
13 Bean & Cheese Burrito chili citrus corn (V) Chicken Fajita Quesadilla w/ garlic lime corn Chicken Salad Sub Sandwich w/ carrots, corn, peas (DF)	14 BBQ Beef Rib Sandwich (DF) Crispy Chicken Sandwich (DF) Cheddar Cheese Sub Sandwich (V) carrots	15 Pepperoni Pizza Pizza Panada Pie (V) Tuna Sandwich Kit (DF) Broccoli	16 Chicken Enchiladas Creamy Pasta Alfredo (V) Honey Mustard Chicken Wrap (DF) Broccoli	17 BBQ Chicken with Cheesy Rice w/ pinto beans Sweet Garlic Noodles with Chicken w/ edamame (DF)
20 Beef Burger (DF) Cheeseburger Sunbutter and Jelly w/ corn (V) Roasted potatoes	21 BBQ Beef Rib Sandwich (DF) Bean and Cheese Pupusa w/ curtido (V) Mighty Meaty Deli carrots	22 Cheese Pizza w/ salad (V) Pepperoni Pizza w/ broccoli Sub Sandwich with Turkey w/ salad (DF)	23 Chicken Enchiladas w/ broccoli Classic Spaghetti and Meatballs (DF) Cheddar Cheese Sub Sandwich (V) carrots	24 Sunbutter and Jelly w/ garbanzo salad (V)
27 Chicken Fajita Quesadilla w/ garlic lime corn Pretzel Nacho Calzoni w/ peas (V) Chicken Salad Sub Sandwich w/ carrot corn peas (DF)	28 BBQ Beef Rib Sandwich (DF) Chicken Pot Pie (Creamy Chicken & Biscuit) Greek Garbanzo carrots	29 Bean and Cheese Pupusa w/ curtido (V) Hot Dog w/ coleslaw (DF) Classic Turkey & Cheese Sandwich w/ cucumbers	30 Chicken Bites (DF) Kickin Chicken Melt Sandwich Cheddar Cheese Sub Sandwich (V) Broccoli	24 Chicken Bites w/ edamame (DF) Chicken Jambalaya w/ pinto beans (DF) Cheddar Cheese Sub Sandwich w/ garbanzo salad (V)

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Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Vegetable of the Day

Dairy-Free (DF) Vegetarian (V) options available daily – if not listed on the menu, available upon request