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**October 2020**

			<p><b>1-Oct</b> Strawberry Pancake Bowl w/ Fruit</p> <p>Orange Chicken w/ Not So Fried Rice Broccoli Florets</p>	<p><b>2-Oct</b> Blueberry Burst Muffin w/ Fruit</p> <p>Crispy Chicken Sandwich w/ Baby Carrots</p>
<p><b>5-Oct</b> Multigrain Cheerios w/ Educational Snacks Fresh Fruit</p> <p>Baked Mac &amp; Cheese w/Chicken Bites w/ Baby Carrots</p>	<p><b>6-Oct</b> Blueberry Burst Muffin Fresh Fruit</p> <p>Pizza Panada Pie Italian Garlic Corn</p>	<p><b>Oct 7</b> Whole Grain Corn Chex with Educational Snacks w/ Educational Snacks Fresh Fruit</p> <p>Bean and Cheese Pupusa with Seasoned Black Beans</p>	<p><b>8-Oct</b> French Toast Muffin Fresh Fruit</p> <p>Chicken Bites Broccoli Florets Pizza Crackers</p>	<p><b>9-Oct</b> Blueberry Burst Bagel w/ Cream Cheese</p> <p>Spaghetti Marinara Steamed Green Beans Fresh Fruit</p>
<p><b>12-Oct</b> Zee Zees Berry Apple Crisp Bar Fresh Fruit</p> <p>Flame Broiled Beef Cheeseburger Baby Carrots</p>	<p><b>13-Oct</b> Lemon Muffin Fresh Fruit</p> <p>Classic Turkey &amp; Cheddar Sandwich Corn</p>	<p><b>14-Oct</b> Plain Bagel w/ Cream Cheese Fresh Fruit</p> <p>Pepperoni Pizza w/ Black Beans</p>	<p><b>15-Oct</b> Whole Grain Corn Chex w/ Educational Snacks</p> <p>Korean BBQ Beef with Carrot Rice Broccoli Florets</p>	<p><b>16-Oct</b> Cinnamon Crumble Fresh Fruit</p> <p>The Revolution Hot Dog Baby Carrots</p>
<p><b>19-Oct</b> Cinnamon Grahams w/ String Cheese</p> <p>Cheese Enchiladas Corn</p>	<p><b>20-Oct</b> Multigrain Cheerios w/ Educational Snacks</p> <p>Baked Mac &amp; Cheese w/Chicken Bites Baby Carrots</p>	<p><b>21-Oct</b> Plain Bagel w/ Cream Cheese Fresh Fruit</p> <p>Bean and Cheese Pupusa Black Beans</p>	<p><b>22-Oct</b> Yogurt with Granola Fresh Fruit</p> <p>Orange Chicken w/ Not So Fried Rice Broccoli Florets</p>	<p><b>23-Oct</b> Blueberry Burst Muffin Fresh Fruit</p> <p>Crispy Chicken Sandwich w/ Baby Carrots</p>
<p><b>26-Oct</b> Multigrain Cheerios w/ Educational Snacks Fresh Fruit</p> <p>Oven Roasted Chicken Sandwich Baby Carrots</p>	<p><b>27-Oct</b> Cinnamon Crumble Fresh Fruit</p> <p>Smothered Beef Burrito Corn</p>	<p><b>28-Oct</b> French Toast Muffin Fresh Fruit</p> <p>Pasta with Zesty Beef Black Beans</p>	<p><b>29-Oct</b> Blueberry Burst Bagel w/ Cream Cheese</p> <p>Chicken Bites Broccoli Florets Pizza Crackers</p>	<p><b>30-Oct</b> Whole Grain Cheerios w/ String Cheese</p> <p>BBQ Beef Rib Sandwich w/ BBQ Sauce Baby Carrots</p>

Quality Standards: Our menus are based on fresh, seasonal items and we use organic, locally produced ingredients whenever possible. Our meats, baked goods, and produce meet Whole Foods Market's stringent quality standards. All Revolution Foods meals are served with milk that is rBST-free. Vegetarian & Dairy-free options available daily